

Active Recreation: ORSR Position Statement

Position

The Office for Recreation, Sport and Racing believes that active recreation develops stronger, healthier, happier and safer communities.

Our aspiration is that all South Australians participate in high quality, diverse, safe and sustainable active recreation activities that build a healthy, active state – now and into the future.

Context

The Office for Recreation, Sport and Racing defines active recreation as:

Activities engaged in for the purpose of relaxation, health and wellbeing or enjoyment with the primary activity requiring physical exertion, and the primary focus on human activity.

The Office for Recreation, Sport and Racing encourages all South Australians to participate in active recreation, while encouraging organisations and government agencies that deliver active recreation opportunities to work collaboratively and strategically in order to deliver relevant and best practice services.

The Office for Recreation, Sport and Racing is the lead government body for active recreation, providing leadership for government and other organisations, and encouraging partnerships and collaboration to meet shared active recreation goals.

The Office for Recreation, Sport and Racing recognises Recreation SA as the industry representative body for recreation in South Australia.

Recreation is a complex and dynamic industry sector, with a combination of commercial, public and community based service providers, with involvement generally informal, unstructured and casual, rather than membership or club-based.

As revealed in AusPlay, the Australian Sports Commission's large scale national population tracking survey, data shows that people, particularly as they get older, are increasingly moving towards active recreation activities. Further, the top six most popular activities for adults are classified as active recreation.

Connect with us

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Government of South Australia
Office for Recreation and Sport

An Active State

Partnering requirement

To achieve this, a coordinated approach to recreation matters is required across State Government agencies and local government and as the lead government body for active recreation, the Office for Recreation, Sport and Racing looks forward to collaborating and partnering with the relevant stakeholders.

Contacts

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References

Ausplay Survey - <https://www.ausport.gov.au/information/ausplay>

ORS Strategic Plan - http://www.ors.sa.gov.au/about_us/2017-2021_strategic_plan

ASC Physical Literacy Standard – http://www.ausport.gov.au/participating/physical_literacy





Recreation SA - <http://recreationsa.org/>

Endorsed	Reviewed
EMT endorsed: 2018	To be reviewed: 2019

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