

## Session overview

This training is for:	Assumed knowledge and experience	
Coaches, facilitators and/or volunteers from community sport and recreational organisations.	Trauma, brain development, behaviour	None
	Coaching, activity leading, sport-specific knowledge	Some to very experienced
By the end of this session, participants will be able to:		
<ul style="list-style-type: none"> <li>Understand how childhood trauma impacts on brain development and behaviour.</li> <li>Identify benefits of sport and physical activity for children and young people who have experienced trauma, and potential barriers to their participation.</li> <li>Incorporate a range of trauma-informed strategies into your coaching toolkit when coaching or leading activities with children and young people.</li> </ul>		

**When:**

**TIME**

**DATE MONTH YEAR**

**Where:**

**Building name,  
Street name  
Suburb SA Postcode**

**Facilitators:**

**Full name**

5 min.	Welcome and Acknowledgement of Country
5 min.	Pre-session questionnaire <i>Using Mentimeter – web-enabled device required</i>
1hr 40min.	Part 1
	Part 2
	Part 3
	<i>Break</i>
	Part 4
	Part 5
10 min.	Opportunity for Q&A, reflections <i>Post-training feedback using Mentimeter</i>
	End of training

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3. **Don't** close your browser once finished. We will continue to use Mentimeter throughout the session.

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